

Senior Leader: Arlene Mante, Ph: 731-4835

**Asst. Sr. Leader:
Lois Chudzinski, Ph: 695-2954**

President: Goldie Catino

Vice President: Eileen Wyland

Secretary: Jean Marshall

Treasurer: Joan Piorkowski

**Wheatfield Community/Senior Center
2790 Church Road
N. Tonawanda, NY 14120**

**Phone: 716-694-8504
Fax: 716-694-0012**

**Community Relations: Gail Connery
Email: gailc@wheatfield.ny.us**

**Hours of Operation
Tuesday-Friday 8:00-1:00pm**



WHEATFIELD SENIOR NEWS



January FRIDAYS

*January 6th 9:00am Various Card Games & Board games
11:30am BINGO*

*January 13th 9:00am Pinochle Tournament
Various Card Games & Board games*

*January 20th 9:00am Euchre Tournament
Various Card Games & Board games*

*January 27th 9:00am Various Card Games & Board games
10:00am Business Meeting, split Club & PIZZA*

January 4th-Wednesday

Gary Billingsley— Lawyer
At 11:00am

Call Arlene for reservation ahead of time

First & last Wednesday and First Friday

Of the month at 2:15pm
Volunteer at Northgate
to help with Bingo

January 13th-Friday

Lunch at Roman Café @ 12:30pm

Theraband Exercise/Club 99

Tuesday and Thursday
10:30am–11:30am

Weekly Schedule

<i>Monday</i>	<i>9:00am</i>	<i>Bowling @ Manor Lanes</i>
<i>Tuesday</i>	<i>10:00am</i>	<i>Crestwood Bingo</i>
<i>Tuesday</i>	<i>12:45am</i>	<i>Bridge</i>
<i>Tuesday</i>	<i>6:00pm</i>	<i>Bocce & Shuffleboard (Summer)</i>
<i>Wednesday</i>	<i>9:30am</i>	<i>Ceramics</i>
<i>Wednesday</i>	<i>9:30am</i>	<i>Line Dancing (beginners)</i>
<i>Wednesday</i>	<i>10:00am</i>	<i>Line Dancing (advanced)</i>
<i>Wednesday</i>	<i>1:00pm</i>	<i>Arts & Crafts</i>
<i>Thursday</i>	<i>12:00pm</i>	<i>Wii Bowling (Winter)</i>

Welcome New Members



Clarice Becker

Barbara Prunechak

Eileen Sinatra

Norma Wildey

Marge & Walt Davis

Jacquelin Rexford

Mary Fetzek

Geraldine Rockwood

Jane Titterson

Shirley Taylor

Mourn the loss of members

Ruth Garver and Wilfred Smith

January Birthdays

1/4 Audrey Nachreiner

1/19 Lois Everett

1/25 Edna Proefrock

1/31 Sonja Shilanski

1/8 Edward Duguay

1/23 Robert O'Toole

1/27 Leonare Hanisch

1/16 Walter Smith

1/25 Cecilia Carrier

1/28 Joan Giuseppetti



TRAVEL NEWS

The seniors plan both day trips and overnight trips. Trips are generally publicized at least 4 months in advance, and people are urged to sign up, with a deposit, as soon as possible. Bus boarding is in the order in which payment in full has been received, with the exception of handicapped individuals, who board first. All trips originate from the Wheatfield Senior Center, and depart promptly on time.

Deposits may be made in person at the Seniors' meetings on Friday mornings (8:30-11:30am) or mailed (call for address). Make checks payable to Wheatfield Senior Travel. For further information or registration, contact Jean at 694-5567 or contact Joan at 693-7355.

Current trip available:

April 16-19, 2012 This overnight trip takes us to the Sight and Sound Millennium Theater in Lancaster, PA. to see the new premier show, "Jonah", the biblical story of extremes. The trip includes a Cruise in Pittsburg, Amtrak's Pennsylvanian train ride around the world famous Horseshoe Curve, Bird in Hand Farmers Market, Amish Sights, the Dutch Apple Dinner Theater and more. Tour includes 5 meals, all shows, sightseeing and admissions, baggage handling and gratuities for drivers, local guides and porters. \$599.00 per person based on double occupancy. A \$75.00 pp deposit is due to secure reservation, with the balance due by March 2, 2012. Travel insurance is available.

***Come to Lunch at the Wheatfield Community Center
Eat Well...Stay Well Dining
RSVP one day in advance @ 694-8504***

Tuesday (12:00pm)	Wednesday (12:00pm)	Thursday (11:30am)
3) Swedish meatballs with Mushroom Gravy Mashed Potatoes Country Blend Vegetables Deli Rye Bread Tapioca Pudding/Topping	4) Lemon Chicken Rice Pilaf Crinkle Cut Carrots Potato Bread Fresh Orange	5) Barbecued Beef on Bun Corn Casserole Green Beans w/ pimientos Whole Grains Hamb/ Roll Ginger bread/ Lemon pudding
10) Herbed Chicken & Penne Pasta salad, Onions, cabbage, carrots salad dressing 12-Grain Bread Pineapple Chunks	11) New years Special Roast Pork au Jus Parsley Potatoes Brussels Sprouts Whole Wheat Dinner Roll Peach Crisp w/Topping	12) Beef Stew over Biscuit Applesauce Gelatin Mold fruit Cup
17) Baked Ham w/Orange Pineapple Sauce Sweet Potatoes Cooked cabbage Rye Bread Lemon cheese bar	18) Chicken Cannelloni bean soup w/cracker Chicken salad sand. Plain wrap w/chopped lettuce , tomato Seedless grapes	19) Country Fried Fish Au Gratin potatoes Creamy coleslaw Whole Wheat roll Cherry cake w/frosting
24) Chinese New Year Sweet & Sour Chicken Over brown rice Chinese Noodles Green Beans 100% whole wheat bread Chilled Peaches Fortune Cookie	25) Tomato Beef Lasagna Spinach Salad w/red onions & croutons Salad dressing Whole Wheat Din. Roll Chilled Pears	26) Hot Open Faced Turkey sand w/gravy Cranberry sauce Mashed Potatoes Baked squash Fruit Cocktail
31) Spaghetti & Meatballs With Italian Sauce Parmesan Cheese Romaine Garden Salad With Carrots, onions and Salad dressing Italian Bread Chilled Apricots	<i>Suggested contribution for meals: \$3.00 includes choice of skim, 2% or chocolate milk</i>	

HUNT Since 1911
 Always There For You! 

Hunt Real Estate ERA
 3571 Niagara Falls Blvd., Suite 4
 Wheatfield, NY 14120

JEAN MARIE KASPER, SRES
 Salesperson

ofc: (716) 694-0400
 fax: (716) 694-8020
 vm: (716) 743-5802
 cell: (716) 316-0735
 jkasper@r-house.com
 www.r-house.com



HEALTHSYSTEMSERVICES
 HOME MEDICAL EQUIPMENT & OXYGEN



- Extensive Product Selection
- Personal Service
- Major Insurance Accepted

6867 Williams Rd., Wheatfield
 (1/8 mile off Niagara Falls Blvd.)

CALL: 283-4879

Have You Seen My Son's Store?

 Nick Minicucci

Tell Your Doctor You Want the Best... Choose HSS!



Summit Park Pharmacy

Christopher Sauls
 Pharmacist

2578 Niagara Falls Blvd. Suite 100
 Wheatfield, NY 14304
 Phone (716) 731-3500
 Fax (716) 731-3501

Store Hours
 Monday - Friday 9am to 6pm
 Saturday 9am to 3pm

Bring in copy of ad in newsletter and receive
FREE PILL BOTTLE OPENER



2 Jamestown Street
 Gowanda, NY
 716-532-5303

3312 Niagara Falls Blvd.
 Wheatfield, NY
 716-694-6969

Sam Tsirtsakis

Save a lot
 food stores

Join the Club 

at save-a-lot.com and get a
\$5.00 OFF COUPON
 any purchase over \$25

Wheatfield, NY • 6929 Williams Rd
 Mon-Sat 8am-9pm; Sun 9am-7pm
 Credit/Debit Cards, EBT & Gift Certificates
(716) 298-9766

www.ottoredanz.com **Michael R. Goodlander**
 Owner

"Blessed are they who mourn, for they will be comforted."
 Matthew 5:4

Otto Redanz
 Funeral Home

2215 Military Road
 Niagara Falls, NY 14304
 (716) 297-9007
 Fax (716) 297-8498
 ottoredanz@aol.com



FRETTHOLD
 FUNERAL HOME INC.

Home of the Living Memorial

Carl Evan Fretthold
 President

Family owned since 1947

1241 Oliver Street, N. Tonawanda, NY 14120 • 692-2610

10% Senior Discount

Marli's
 Florist & Gift Shop

Marli Palermo
 owner

4700 Military Rd
 Niagara Falls, N.Y.
 14305
 (716) 297-2433
 marlisflorist@gmail.com

marlisflorist.com

SERVING THE NIAGARA FRONTIER SINCE 1949

ZAJAC FUNERAL HOME INC.

319 24TH Street, Corner of Welch Ave.
 Niagara Falls, New York 14303

Phone 716-284-6478

Third Generation
Matthew T. Zajac
Frank L. Zajac

WHEATFIELD PHYSICAL THERAPY

Mark W. Milleville PT **Daniel L. Tompkins PT**

Meadowbrook Square • 3571 Niagara Falls Blvd.
 North Tonawanda, NY 14120
 695-7848 • fax 695-0312

*Physical Therapy...
 The Science of Healing - The Art of Caring*

ADVERTISE HERE

J.M.O. Enterprises
 Call 633-8617