

Senior Leader: Arlene Mante, Ph: 731-4835

**Asst. Sr. Leader:
Lois Chudzinski, Ph: 695-2954**

President: Goldie Catino

Vice President: Eileen Wyland

Secretary: Jean Marshall

Treasurer: Judy Bugenhagen

**Wheatfield Community/Senior Center
2790 Church Road
N. Tonawanda, NY 14120**

Phone: 716-694-8504

Fax: 716-694-0012

Community Relations: Gail Connery

Email: gailc@wheatfield.ny.us

Office Hours

Tuesday-Friday 8:00-1:00pm

DECEMBER



WHEATFIELD SENIOR NEWS



December FRIDAYS

December 6th 9:00am Various Card Games & Board games
 11:30am BINGO

December 13th 9:00am Various Card Games & Board games

December 20th 9:00am Various Card Games & Board games
 10:00am Business Meeting, Split Club
 11:30am "PIZZA"



December 5th — Thursday

Gary Billingsley— Lawyer

At 11:00am, Call Lois C. for reservation
 ahead of time at 695-2954

First & last Wednesday and First Friday

Of the month at 2:15pm
 Volunteer at Northgate
 to help with Bingo

Friday, December 13th

NO LUNCH

Theraband Exercise/Club 99

Tuesday and Thursday
 10:30am—11:30am

Weekly Schedule

Monday	9:00am	Bowling @ Manor Lanes
Tuesday	9:30am	Qi Gong Class
Tuesday	10:00am	Volunteer at Crestwood for Bingo
Tuesday	12:45pm	Bridge
Tuesday	6:00pm	Bocce & Shuffleboard (May-Sept.)
Wednesday	9:00am	Ceramics
Wednesday	9:30am	Line Dancing (beginners)
Wednesday	10:00am	Line Dancing (advanced)
Wednesday	1:00pm	Arts & Crafts
Thursday	9:30am	Qi Gong Class
Thursday	12:00pm	Wii Bowling



New Members

Evelyn Sprankle

Ihor Moroz & Christine Moroz

Note the day and date change
for the lawyer in December



Birthdays

12-3 Nancy Bonesky

12-18 Gladys Thieringer

12-29 Del Sawicki

12-3 Arlene Mante

12-19 Lydia Stoelting

12-30 Sinka Mikesic

12-5 Richard Miller

12-20 Linda Ross

12-31 Sally Archer

12-8 Cosimo Genco

12-22 Janis Fey

12-10 Rita Stainsby

12-24 Agnes Wilke

12-12 Pete Krull

12-25 Jane Titterson

12-13 Robert Walker

12-28 Pauline Scibetta



Wheatfield Senior Dance is on December 14th

at the Community Center from 4:00-8:00pm

RSVP is a must to reserve a seat by December 6th..NO EXCEPTIONS



For more information



Please call Gail at 694-8504

The 3rd RADA knife order will be placed on Monday,
November 25th, Please call Judy at 731-9479 with your order.

Items will be here before Christmas!!



Eat Well...Stay Well Dining December Menu for Dining Sites

	Tuesday@ 12:00pm	Wednesday@12:00pm	Thursday@11:30am
Please call Gail at 694-8504 one day in advance to order a lunch or see Stephanie in the dinning room	3) Chicken Salad Sandwich on Whole Wheat Bread or Wrap Lettuce Leaf/Slice of Tomato Cream of Broccoli Soup Honey Cracked Wheat Bread Fresh Local Apple	4) Stuffed Cabbage Rolls Cheddar Mashed Potatoes Yellow Wax Beans Whole Wheat Bread Lemon Cheese Bar	5) Country Fried Fish Tartar Sauce Au Gratin Potatoes Coleslaw Whole Wheat Dinner Roll Cherry Cake with Frosting
	10) Hamburger Supreme on Bun Slice of Onion Tomato Lettuce Pickle Homemade Baked Beans Corn Whole Grain Hamburger Bun Banana	11) Hot Open Faced Turkey Sandwich with Gravy Cranberry Sauce Mashed Potatoes Baked Squash White Bread Fruit Cocktail	12) Savory Chicken Breast Baked Potato/Sour Cream California Mixed Vegetables Whole Wheat Bread Poke Cake with Whipped Topping
Please call Gail at 694-8504 one day in advance to order a lunch or see Stephanie in the dinning room	17) Chili Con Carne with Crackers Chef Salad Ranch Dressing Cornmeal Bread Fruited Gelatin with Whipped Topping	18) <i>Christmas Special</i> Chicken Cordon Bleu Small Red Potatoes/Parsley Baby Carrots a L'Orange Whole Wheat Dinner Roll Cheesecake/Cherry Topping	19) Ham and Swiss Cheese Sandwich Lettuce Leaf Slice of Tomato / Mayonnaise Tomato Florentine Soup with Crackers Deli Rye Bread Pineapple Chunks
	24) Breaded Chicken Drumsticks Rice Scandinavian Vegetables Deli Rye Bread Snickerdoodle Cookie	25) Christmas Day No Meals Today Happy Holidays! 	26) Sweet and Sour Pork Brown Rice Green Beans Dinner Roll Pineapple
Please call Gail at 694-8504 one day in advance to order a lunch or see Stephanie in the dinning room	31) Center Cut Pork Chop Ranch Mashed Potatoes Sauerkraut Pumpernickel Bread Cinnamon Applesauce		

All Meals are served with bread, skim milk or 2%, coffee or tea. Eat Well... Stay Well Lunch Sites are located throughout Niagara County. Call **438-4031** for more information. Suggested Contribution for meals is \$3.00. Menus are subject to change without notice. Serving the population age 60 and older. A Niagara County Office for the Aging Program. Approved by Glenda R. Reardon Glenda Reardon, RD, CDN

The Wheatfield Seniors Christmas party will be on December 12th at Classic V. Tickets can only be purchased on Fridays at the Center before noon. Deadline to purchase a ticket is December 6th.



Buy a ticket(s) for a chance to win a group of 3 decorated lite Christmas candles made by the Senior ceramic group. Price is \$2.00 per ticket or \$5.00 for 3 tickets. Winner to be drawn at the Senior Christmas Party at Classic V on December 12th. Need not be present to win.



There will also be a beautiful ceramic lady dressed in a winter hat, muff and long fur trim coat. Tickets are \$1.00 per ticket or \$2.00 for 3 tickets. Winner will also be drawn at Classic V.

All The Senior activities including ceramics, crafts, exercise classes, Wii etc. will not be meeting from December 24th thru January 2nd.

See Every one back on Friday, January 3rd



Wishes to everyone for a safe Holiday season..

Merry Christmas and Happy New Year!!

TRAVEL NEWS

The seniors plan both day trips and overnight trips. Trips are generally publicized at least 4 months in advance, and people are urged to sign up, with a deposit, as soon as possible. The success of the trip rests with you, the traveler as theaters, restaurants, etc. require early deposits to hold the date which necessitates a "Go" or "NO GO" decision long before the departure date. When you purchase a trip early, you are contributing to the future success of the trip. Bus boarding is in the order in which payment in full has been received, with the exception of handicapped individuals, who board first. All trips originate from the Wheatfield Senior Center, and depart promptly on time.

Deposits may be made in person at the Seniors' meetings on Friday mornings (8:30 – 11:30 am) or mailed to the persons named below. (Call for address). Make checks payable to Wheatfield Senior Travel. For further information or registration, contact Jean at 694-5567 or Joan at 693-7355.

December 10, 2013

Christmas Holiday 10:00 am – 7:00 pm. \$65.00

Step back in time to a Victorian Christmas at the Wilcox Mansion. Following lunch and entertainment at the Mansion, you will have a breathtaking tour of Our Lady of Victory Basilica, experience the poinsettia show at the Erie County Botanical Gardens and shop at Woyshner's Christmas Shoppe.

2014: SAVE THE DATE

March 16, 2014

Porgy & Bess at Sheas with dinner at Crazy Jakes (NT) \$86.00

Deposits requested ASAP in order to secure tickets and good seats.

For information contact Jean Marshall @ 694-5567 or Joan Piorkowski @ 693-7355



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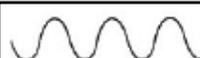
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Date	Place	Time
11/06	Amherst Senior Center	10:00 am
11/06	Hamburg Senior Center	2:00 pm

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TTY: **1-800-662-1220**

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