

**Senior Leader: Arlene Mante, Ph: 731-4835**

**Asst. Sr. Leader:  
Lois Chudzinski, Ph: 695-2954**

**President: Eileen Wyland**

**Vice President: Don Dee**

**Secretary: Jean Marshall**

**Treasurer: Judy Bugenhagen**

**Wheatfield Community/Senior Center  
2790 Church Road  
N. Tonawanda, NY 14120**

**Phone: 716-694-8504**

**Fax: 716-694-0012**

**Community Relations: Gail Connery**

**Email: [gailc@wheatfield.ny.us](mailto:gailc@wheatfield.ny.us)**

**Office Hours**

**Tuesday-Friday 8:00-1:00pm**

# March



# WHEATFIELD SENIOR NEWS



## March FRIDAYS

March 7th            9:00am    Various Card Games & Board games  
                          11:30am    BINGO

March 14th           9:00am    Various Card Games & Board games

March 21st           9:00am    Various Card Games & Board games

March 28th           9:00am    Various Card Games & Board games  
                          10:00am    Business Meeting, Split Club  
                          11:30am    "PIZZA"



### **March 5th — Wednesday**

Gary Billingsley— Lawyer

At 11:00am, Call Arlene for reservation  
 ahead of time at 731-4835

### **First & last Wednesday and First Friday**

Of the month at 2:15pm  
 Volunteer at Northgate  
 to help with Bingo

### **Friday, March 14th 2014**

**Tina's Place  
 5835 Buffalo St., Sanborn**

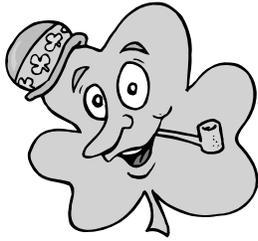
### **Theraband Exercise/Club 99**

Tuesday and Thursday  
 10:30am–11:30am

## Weekly Schedule

Monday	9:00am	Bowling @ Manor Lanes
Tuesday	9:30am	Qi Gong Class
Tuesday	10:00am	Volunteer at Crestwood for Bingo
Tuesday	12:45pm	Bridge
Tuesday	6:00pm	Bocce & Shuffleboard (May-Sept.)
Wednesday	9:30am	Ceramics (1st & last only)
Wednesday	9:30am	Line Dancing (beginners)
Wednesday	10:00am	Line Dancing (advanced)
Wednesday	1:00pm	Arts & Crafts
Thursday	9:30am	Qi Gong Class
Thursday	12:00pm	Wii Bowling





# Happy St. Patrick's Day



We Mourn Our Loss  
Lorraine DePaolo  
Mary Zito

## **Birthdays**

3-1 Joanne Newell

3-11 Grace Leaderstorf

3-26 Gloria Lariccia

3-1 Frances Scrivani

3-13 Eileen Wyland

3-4 Pat Dounce

3-18 Shirley Joy

3-8 Hebert Wienke

3-20 Dee Willis

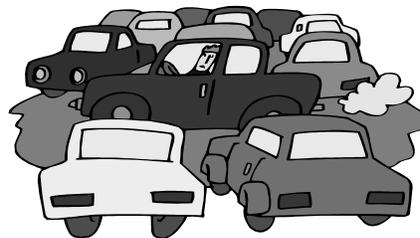


**AARP** will be hosting another Driver Safety Course next month on **April 22nd**

**Members price is \$20.00**

**Non-Members \$25.00**

**9:00am—3:00pm**



*Please call Gail at 694-8504 to register and for information.*

## Eat Well...Stay Well Dining March Menu for Dining Sites

	Tuesday @ 12:00pm	Wednesday @ 12:00pm	Thursday @ 11:30am
	4) <b>Beef Lasagna</b> Spinach Salad Whole Wheat Dinner Roll Pears	5) <b>Country Fried Fish</b> Au Gratin Potatoes Cole Slaw Whole Wheat Dinner Roll Peaches	6) <b>Open Faced Turkey Sandwich</b> Mashed Potatoes Squash White Bread Fruit Cocktail
 <p><b>HAPPY ST. PATTY'S DAY</b></p>	11) <b>Sweet and Sour Pork</b> Brown Rice Green Beans 100% Whole Wheat Bread Chinese Noodles Peaches	12) <b>Meatloaf with Onion Gravy</b> Mashed Potatoes Club Spinach 12 Grain Bread Oatmeal Cranberry Bar	13) <b>Corned Beef and Cabbage</b> Parsley Potatoes Deli Rye Bread Pistachio Pudding <b>St. Patrick's Day Special!</b> 
	18) <b>Pork Chops with Sauerkraut</b> Ranch Mashed Potatoes Pumpnickel Bread Applesauce	19) <b>Chili with Crackers</b> Chef Salad with tomato and onion Cornmeal Bread Orange	20) <b>Chicken Salad with Pickles and Leaf Lettuce</b> Beef Barley Soup Wrap Lemon Truffle Angel Food Cak
<b>Please call Gail at 694-8504 one day in advance to order a lunch or see Stephanie in the dinning room!</b>	25) <b>Creamy Chicken over Biscuit</b> Harvard Beets Fresh Fruit	26) <b>Lemon Chicken</b> Rice Pilaf Carrots Potato Bread Ambrosia	27) <b>BBQ Pork Ribs</b> Creamed Dill Potatoes Green Beans/Pimentos Whole Wheat Hamburger Roll German Apple Cake

All Meals are served with bread, skim milk or 2%, coffee or tea. Eat Well... Stay Well Lunch Sites are located throughout Niagara County. Call **438-4031** for more information. **Suggested Contribution for meals is \$3.25.** Menus are subject to change without notice. Serving the population age 60 and older. A Niagara County Office for the Aging Program.



*Don't forget Day Light Savings time begins on March 9th at 2:00am.*

*Turn your clocks ahead 1 hour.*

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*Reminder, Senior dance is in April on the 5th, call Gail at the end of March to sign up OR for information.*



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*First Day of  is on March 20th.*

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*Town of Wheatfields annual Easter Egg Hunt is on April 12th. Bring your grandchildren and enjoy an egg hunt, snacks, refreshments and even a visit from the Easter Bunny!*



## TRAVEL NEWS

The seniors plan both day trips and overnight trips. Trips are generally publicized at least 4 months in advance, and people are urged to sign up, with a deposit, as soon as possible. The success of the trip rests with you, the traveler as theaters, restaurants, etc. require early deposits to hold the date which necessitates a "Go" or "NO GO" decision long before the departure date. When you purchase a trip early, you are contributing to the future success of the trip. Bus boarding is in the order in which payment in full has been received, with the exception of handicapped individuals, who board first. All trips originate from the Wheatfield Senior Center, and depart promptly on time.

Deposits may be made in person at the Seniors' meetings on Friday mornings (8:30 – 11:30 am) or mailed to the persons named below. (Call for address). Make checks payable to Wheatfield Senior Travel. For further information or registration, contact Jean at 694-5567 or Joan at 693-7355.

May 12, 2014 9:00 am – 4:00 pm

**Lunch With Sherlock** at Yorkshire Hall. "The Case of the Telltale Teapot" is a mystery-comedy. Homes is back, Dr. Watson has opened a tea shop and a mysterious little girl and troublesome teapots mean there's a new case to be solved. Trip includes a stop at the Jell-O-Museum & Kutter's Cheese. \$60.00 due April 18<sup>th</sup>.

June 10, 2014 9:00 am – 5:00 pm

**Crime & Scandal** Discover why Buffalo was one of the centers of Prohibition evasion during a tour that starts in a former Red Light district and revisits famed haunts including a former Ku Klux Klan headquarters, the site of a triple hanging and the office of a philandering president. After lunch at the Pan American Grill in the Lafayette Hotel, we will be greeted by the residents at Forest Lawn Cemetery. (cost TBA)

June 25-27, 2014

**"Moses"** at the Millennium Theater in Lancaster, Pa. Trip includes tours of QVC Studios, Longwood Gardens, and much more. \$366.00 ppd. (\$50.00 deposit with final payment 5-1-14)

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