

Senior Leader: Arlene Mante, Ph: 731-4835

**Asst. Sr. Leader:
Lois Chudzinski, Ph: 695-2954**

President: Eileen Wyland

Vice President: Don Dee

Secretary: Jean Marshall

Treasurer: Judy Bugenhagen

**Wheatfield Community/Senior Center
2790 Church Road
N. Tonawanda, NY 14120**

Phone: 716-694-8504

Fax: 716-694-0012

Community Relations: Gail Connery

Email: gailc@wheatfield.ny.us

Office Hours

Tuesday-Friday 8:00-1:00pm

AUGUST 2014



**WHEATFIELD
SENIOR
NEWS**



August FRIDAYS

August 1st	9:00am 11:00am	Various Card Games & Board games Bingo
August 8th	9:00am	Various Card Games & Board games
August 15th	9:00am 11:00am	Various Card Games & Board games Bingo
August 22nd	9:00am	Various Card Games & Board games
August 29th	9:00am 10:00am 11:30am	Various Card Games & Board games Business Meeting, Split Club "PIZZA"

Lawyer -Gary Billingsley

Wednesday, **August 6th @**
11:00am
Call Arlene for reservation

First & last Wednesday and First Friday

Of the month at 2:15pm
Volunteer at Northgate
to help with Bingo

Friday, August 8th 2014

Mom's Coffee Shop
8881 Buffalo Av. (River Rd.)

Theraband Exercise/Club 99

Tuesday and Thursday
10:30am—11:30am

Weekly Schedule

Monday	9:00am	Bowling @ Manor Lanes
Tuesday	9:30am	Qi Gong
Tuesday	10:00am	Volunteer at Crestwood for Bingo
Tuesday	12:45pm	Bridge
Tuesday	6:00pm	Bocce & Shuffleboard (May-Sept.)
Wednesday	9:30am	Ceramics
Wednesday	9:30am	Line Dancing (beginners)
Wednesday	10:00am	Line Dancing (advanced)
Wednesday	1:00pm	Arts & Crafts
Thursday	9:30am	Qi Gong

Anniversaries

8-19

Jerry & Pat Dickerson



****Reminder**

Wheatfield Family Picnic

is August 25th

Birthdays

8-1 Sandra Marshall

8-8 Sylvia Trinkwalder

8-8 Marlene Bogart

8-13 Beverly Brovata

8-8 Shirley Richards

8-13 Audrey Walck

8-8 Robert Schroeder

8-28 Esther Herman

8-31 Betty Ernst

**Eat Well Stay well Dining
Ice Cream Socials**

August 20th

11:45am

**Vanilla Ice Cream
Choclate Syrup Topping**

Butterscotch Topping

Sprinkles

Chopped Nuts

Whipped Topping



Don't forget to sign up for lunch for the ice cream social!
Sign up with Gail or in the dining room!

438-4031

Eat Well...Stay Well Dining August 2014 Menu for Dining Sites

	Tuesday @ 12:00pm	Wednesday @ 12:00pm	Thursday @ 11:30am
<p>Please call Gail @ 694-8504 if you would like to order a lunch by 12:00pm the day before or see Stephanie in the lunch room.</p>			
	<p>5) Sloppy Joe Italian Pasta Salad Green Beans Hamburger Roll Bavarian Pudding with Topping</p>	<p>6) BBQ Pork Chops Ranch Mashed Potatoes Corn Rye Bread Rainbow Jello with Topping</p>	<p>7) Swiss Steak with Peppers and Onions Baked Potato with Sour Cream Prince Edward Vegetables Whole Wheat Dinner Roll Cinnamon Applesauce</p>
	<p>12) Lemon Chicken Rice Carrots (1) Slice Potato Bread Pears</p>	<p>13) Tuna Salad Sandwich Chicken Chowder with Crackers Leaf Lettuce (2) Slices Italian Bread Ambrosia</p>	<p>14) Summer Cold Plate-Chicken Salad Leaf Lettuce Cottage Cheese Fresh Broccoli Salad (2) Whole Wheat Bread Fresh Fruit</p>
	<p>19) Summer Cold Plate- Sliced Deli Ham and Swiss Cheese Ranch Pasta Salad Leaf Lettuce Peach Halves (2) Slices Whole Wheat Bread Pineapple Upside Down Cake</p>	<p>20) Chicken Drumsticks Mashed Potatoes Green Beans Rye Bread Banana</p> <div style="text-align: center;">  </div> <p><i>ICE CREAM SOCIAL!</i></p>	<p>21) Baked Rotini with Meat Sauce Parmesan Cheese Spinach Salad with Dressing Italian Bread Oatmeal Cookie</p>
	<p>26) Homemade Macaroni and Cheese Fresh Tomato and Cucumber Salad Corn Muffin Fresh Fruit</p>	<p>27) Hot Open-Faced Roast Beef Sandwich with Onion Gravy Horseradish Mashed Potatoes Peas White Bread Frozen Fruit Dessert</p>	<p>28) Julienne Salad with Romaine, Spinach, and Chicken Fajita Strips Garbanzo Beans, Cheddar Cheese, Tomato, Onion, Salad Dressing Bran Muffin Pineapple</p>

All Meals are served with bread, skim milk or 2%, coffee or tea. Eat Well... Stay Well Lunch Sites are located throughout Niagara County. Call **438-4031** for more information. **Suggested Contribution for meals is \$3.25.** Menus are subject to change without notice. Serving the population age 60 and older. A Niagara County Office for the Aging Program.

TRAVEL NEWS

The seniors plan both day trips and overnight trips. Trips are generally publicized at least 4 months in advance, and people are urged to sign up, with a deposit, as soon as possible. The success of the trip rests with you, the traveler as theaters, restaurants, etc. require early deposits to hold the date which necessitates a "Go" or "NO GO" decision long before the departure date. When you purchase a trip early, you are contributing to the future success of the trip. Bus boarding is in the order in which payment in full has been received, with the exception of handicapped individuals, who board first. All trips originate from the Wheatfield Senior Center, and depart promptly on time.

Deposits may be made in person at the Seniors' meetings on Friday mornings (8:30 – 11:30 am) or mailed to the persons named below. (Call for address). Make checks payable to Wheatfield Senior Travel. For further information or registration, contact Jean at 694-5567 or Joan at 693-7355.

Sept. 9, 2014 10:30 – 6:00 \$65.00

The Band Anastazja This family; Stacy and 5 of her 8 children, play gospel, folk and traditional American music. This is a dinner show at Bohn's Restaurant in Batavia. We will end the day at Antoinette's Sweets. Deposit of \$20.00 due July 18th. Final payment due Aug. 15th.

October 6-10, 2014 \$659.00 ppd

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